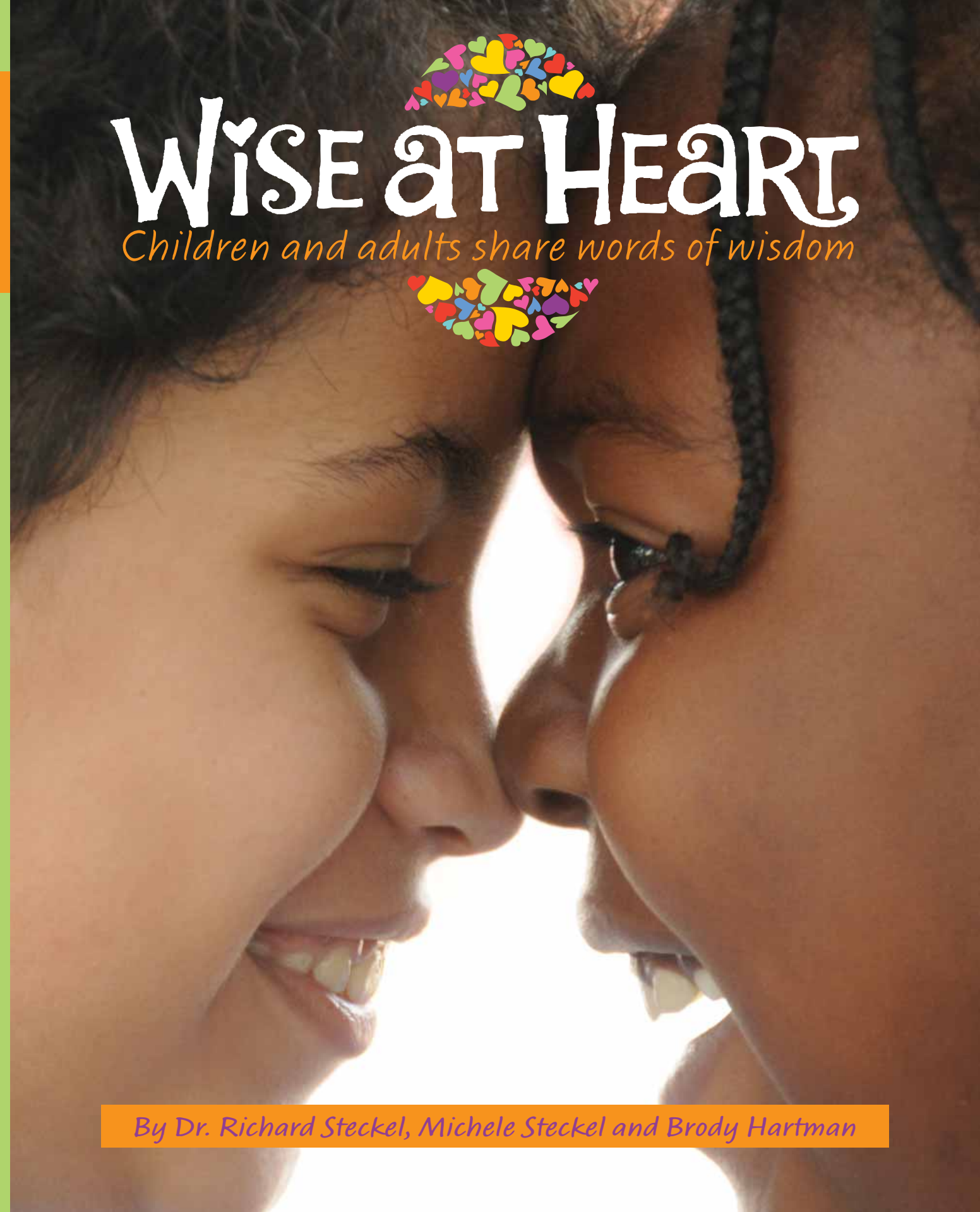




Wise at Heart

Children and adults share words of wisdom



By Dr. Richard Steckel, Michele Steckel and Brody Hartman



As a young boy, my father used to take me on walks in the woods, peel back the bark of a tree and show me the tiny insects who lived underneath. I inherited from my father a love of nature and a fascination with all kinds of creatures. He showed me how to pay attention to the natural world, how to be kind and caring. I would like to pass along this wisdom of my father's. Please, be kind. Enjoy the beauty of nature and the small wonders of every day. But most of all, be kind.

– Eric Carle, author and illustrator



We spend too much time focusing on physical traits, but we never look to the inside. Our pain comes from a lack of being accepted or prized. We must remember that we may not be privileged in the same way, but we are all gifted with existence.

– Baylin, age 11

Think well of yourself, but don't say so.

– Tom Hanks, actor

It feels good to know
you did the right thing

- Mu Lan, age 7

As I grow older, I try to keep
things simple. Embrace your
passions, be good to others, and
treat the planet with respect;
you'll lead an interesting and
honorable life.

- Henry Neff, author/illustrator





All you need to
be happy is to be
surrounded by
people you love
and care about.

– Linh age 9

There is nothing
more precious
than love.

*– Archbishop
Desmond Tutu*